FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

OMB APPROVAL								
OMB Number:	3235-0287							
Estimated average burden								
hours per response:	0.5							

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person* Roberto Kuahara					2. Issuer Name and Ticker or Trading Symbol Thermon Group Holdings, Inc. [THR]										S. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner					
(Last)	(First)	(Mi	ddle)		3. Date of Earliest Transaction (Month/Day/Year) 01/31/2023								X	Officer (g below)		Other (specify below)		specify		
7171 SOUTHWEST PARKWAY															SVP, Operations					
BUILDING 300, SUITE 200				4. If Amendment, Date of Original Filed (Month/Day/Year)								6. Indiv	6. Individual or Joint/Group Filing (Check Applicable Line)							
													X	X Form filed by One Reporting Person						
(Street) AUSTIN	TX	70	735												Form file	d by More	than O	ne Reportin	g Person	
AUSTIN	IA	/8	133																	
(City)	(State)	(Zi _l	0)																	
		Та	ble I - Nor	ո-Deri	vativ	e Se	curitie	s Acq	uired, l	Disp	osed of,	or E	Benefi	cially Ow	ned					
Date					e Enth/Day/Year) if		2A. Deemed Execution Date, if any (Month/Day/Year)					ties Acquired (A) or d Of (D) (Instr. 3, 4 an				ies cially Owned ing Reported		nership Direct (D) irect (I) 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
									Code	v	Amount		(A) or (D)	Price		nstr. 3 and 4)			(111341.4)	
Common Stock 01/3					1/202	3			A		10,813	10,813 ⁽¹⁾ A		\$0	19,740(2)			D		
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																				
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Da if any (Month/Day/	4. Transaction Code (Instr. 8)		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exercisable Expiration Date (Month/Day/Year)		te	Securities Unde		derlying curity	8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s)		10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)		
					Code V		(A)	(D)			Expiration Date	Title		Amount or Number of Shares		(Instr. 4)				

Explanation of Responses:

1. On January 31, 2023, the reporting person was granted an award of restricted stock units. Each restricted stock unit represents the right to receive, at settlement, one share of the Issuer's common stock. The award vests in full on the third anniversary of the grant date. Restricted stock units convert into shares of the Issuer's common stock on a one-for-one basis.

2. Includes 19,740 restricted stock units held by the reporting person.

Remarks:

/s/ Ryan Tarkington, Attorney-in-

Fact

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.