## FORM 4

# UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. *See* Instruction 1(b).

#### STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

| (Print or Ty  | pe Response   | s)              |  |   |         |              |        |  |   |   |   |   |  |                                       |   |   |
|---|---|-----------------|--|---|---------|--------------|--------|--|---|---|---|---|--|---------------------------------------|---|---|
| 1. Name and Address of Reporting Person* MCGINTY KEVIN J                      |   |                 |  | 2. Issuer Name and Ticker or Trading Symbol<br>Thermon Group Holdings, Inc. [THR] |         |              |        |  |   |   |   | 5. Relationship of Reporting Person(s) to Issuer (Check all applicable)  X Director 10% Owner |  |                                       |   |   |
| (Last) (First) (Middle)<br>7171 SOUTHWEST PARKWAY, BUILDING<br>300, SUITE 200 |   |                 |  | 3. Date of Earliest Transaction (Month/Day/Year) 10/01/2021                       |         |              |        |  |   |   | Office  | er (give title belo   | ow)                                      | Other (specify                        | below)  |   |
| (Street) AUSTIN, TX 78735   |   |                 |  | 4. If Amendment, Date Original Filed(Month/Day/Year)                              |         |              |        |  |   |   | 6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting PersonForm filed by More than One Reporting Person |   |  |                                       |   |   |
| (City) (State) (Zip)  |   |                 |  | Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned  |         |              |        |  |   |   |   |   |  |                                       |   |   |
| (Instr. 3) Date   |   |                 | 2. Transaction<br>Date<br>(Month/Day/Year) | 2A. Deemed<br>Execution Date, is<br>any<br>(Month/Day/Year                        |         | (Instr. 8)   |        |  | 4. Securities Acqui<br>(A) or Disposed of<br>(D)<br>(Instr. 3, 4 and 5) |   | of  | Beneficia   | ally Owned Following<br>d Transaction(s) |                                       | Form:<br>Direct (D)                             | 7. Nature<br>of Indirect<br>Beneficial<br>Ownership |
|   |   |                 | С  |   |         | ode          | V      | Amour  | or (D)  | Price   |   |   |  | or Indirect (I) (Instr. 4)            | (Instr. 4)                                      |   |
| Common  | Stock   |                 | 10/01/2021                                 |   |         | -            | A      |  | 1,334<br>(1)  |   | \$<br>17.8  | 36,708  |  |                                       | D   |   |
|   | Topon on a  | oparate interes | r each class of secur                      | Derivative  | Securit | ies Ac       | quire  | Perso<br>conta<br>the fo                           | ons whained in orm dis  | no respoi<br>n this for<br>splays a<br>of, or Ben | rm are<br>curre   | e not requently valid   | OMB con                                  | formation<br>spond unle<br>trol numbe | ss  | 1474 (9-02)   |
| 1. Title of   | 12  | 3. Transaction  | ,  | e.g., puts, o   |         | arrant<br>5. | ts, op | r  |   |   | T   | itle and  | 8 Price of                               | 9. Number                             | of 10.  | 11. Natur   |
| Derivative<br>Security  | Conversion<br>or Exercise<br>Price of<br>Derivative<br>Security | Date            | Execution Day<br>Year) any                 | te, if Transaction Code Year) (Instr. 8)  |         |              |        | 6. Date Exercis<br>and Expiration<br>(Month/Day/Yo |   | on Date<br>Year)                                  | Amo<br>Und<br>Secu  | nount of<br>derlying<br>curities<br>str. 3 and  | Derivative<br>Security<br>(Instr. 5)     |                                       | Owners Form o Derivat Securit Direct ( or India | chip of Indirect Beneficial Ownersh (Instr. 4)  D)  |
|   |   |                 |  | Cod   | le V    | (A)          | (D)    | Date<br>Exerc                                      | cisable   | Expiration<br>Date                                | n<br>Title  | Amount<br>or<br>Number<br>of<br>Shares  |  |                                       |   |   |

### **Reporting Owners**

|  | Relationships |              |         |       |  |  |  |
|--|---------------|--------------|---------|-------|--|--|--|
| Reporting Owner Name / Address   | Director      | 10%<br>Owner | Officer | Other |  |  |  |
| MCGINTY KEVIN J<br>7171 SOUTHWEST PARKWAY<br>BUILDING 300, SUITE 200<br>AUSTIN, TX 78735 | X             |              |         |       |  |  |  |

### **Signatures**

| /s/ Ryan Tarkington, Attorney-in-Fact | 10/04/2021 |  |  |
|---------------------------------------|------------|--|--|
| **Signature of Reporting Person       | Date       |  |  |

#### **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. *See* 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Award pursuant to Issuer's Non-Employee Director Compensation Program.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.