FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL
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Estimated average burden
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. *See* Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

| (Print or Ty | pe Response | s) | | | | | | | | | | | | | |
|---|---------------|------------------|---|--|-----------------------|-------|---|---------------|-------------------------|---|---|--|--|-------------------------------------|-------------------------|
| 1. Name and Address of Reporting Person * Thames Bruce | | | | 2. Issuer Name and Ticker or Trading Symbol Thermon Group Holdings, Inc. [THR] | | | | | | | 5. Relationship of Reporting Person(s) to Issuer (Check all applicable) X Director 10% Owner | | | | |
| (Last) (First) (Middle) 7171 SOUTHWEST PARKWAY, BUILDING 300, SUITE 200 | | | | 3. Date of Earliest Transaction (Month/Day/Year) 06/01/2021 | | | | | | X Officer (give title below) Other (specify below) President & CEO | | | | | |
| (Street) AUSTIN, TX 78735 | | | | 4. If Amendment, Date Original Filed(Month/Day/Year) | | | | | | 6. Individual or Joint/Group Filing(Check Applicable Line) Form filed by One Reporting Person Form filed by More than One Reporting Person | | | | | |
| (City | | (State) | (Zip) | Ta | able I - | - Non | -Der | ivative: | Securiti | ies Acqı | uired, Dispo | osed of, or I | Beneficially | Owned | |
| (Instr. 3) Date | | ***** | 2A. Deemed Execution Date, if any | (Instr. 8) | | tion | 4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5) | | Reported Transaction(s) | | | Ownership of B | Beneficial | | |
| | | | | (Month/Day/Year) | Co | de | V | Amoun | (A) or (D) | Price | (Instr. 3 a | 5 and 4) | | \ / | Ownership (Instr. 4) |
| Common | Stock | | 06/01/2021 | | A | 1 | | 25,604 (1) | 4 A | \$ 0 | 176,983 | | | D | |
| Common Stock | | 06/01/2021 | | F | 7 | | 4,265 (2) | D | \$ 17.77 (3) | 172,718 | 2,718 ⁽⁴⁾ | | D | | |
| Reminder: | Report on a s | separate line fo | or each class of secur | rities beneficially or | wned d | | Pers | ons whained i | no resp n this f | form ar | e not requ | | ormation spond unle trol numbe | ss | 1474 (9-02) |
| | | | | Derivative Securit (e.g., puts, calls, wa | | | | | | | | | | | |
| Security | | se (Month/Day/ | Oay/Year) 3A. Deemed Execution Day | 4. Transaction Code Year) (Instr. 8) | 5. 6. D Number and | | ate Exercisable Expiration Date nth/Day/Year) | | 7. Am Un Sec | Fittle and nount of derlying curities str. 3 and | | 9. Number of Derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4) | Ownersh Form of Derivati Security Direct (I or Indire | Beneficia Ownershi (Instr. 4) | |
| | | | | Code V | (A) | (D) | Date | e rcisable | Expirat Date | Tit | or le Number of Shares | | | | |

Reporting Owners

| | Relationships | | | | | |
|---|---------------|--------------|-----------------|-------|--|--|
| Reporting Owner Name / Address | Director | 10% Owner | Officer | Other | | |
| Thames Bruce 7171 SOUTHWEST PARKWAY BUILDING 300, SUITE 200 AUSTIN, TX 78735 | X | | President & CEO | | | |

Signatures

| /s/ Ryan Tarkington, Attorney-in-Fact | 06/03/2021 |
|---------------------------------------|------------|
| | |

| **Signature of Reporting Person | Date |
|---------------------------------|------|
| | |

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- On June 1, 2021, the reporting person was granted an award of restricted stock units. Each restricted stock unit represents the right to receive, at settlement, one share of the (1) Issuer's common stock. The award vests in equal installments on the first, second and third anniversaries of the grant date. Restricted stock units convert into shares of the Issuer's common stock on a one-for-one basis.
- (2) These shares were surrendered for tax payment upon vesting of restricted stock units on June 1, 2021.
- (3) Sales price is the fair market value on Tuesday, June 1, 2021.
- (4) Includes 59,408 restricted stock units held by the reporting person.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.