## FORM 4

# UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL
OMB Number: 3235-0287
Estimated average burden
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

#### STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Print or Ty	pe Response	s)		_												
1. Name and Address of Reporting Person * Thames Bruce					2. Issuer Name <b>and</b> Ticker or Trading Symbol Thermon Group Holdings, Inc. [THR]							5. Relationship of Reporting Person(s) to Issuer (Check all applicable)  X Director 10% Owner				
(Last) (First) (Middle) 7171 SOUTHWEST PARKWAY, BUILDING 300, SUITE 200					3. Date of Earliest Transaction (Month/Day/Year) 03/31/2020							X Officer (give title below) Other (specify below)  President & CEO				
(Street) AUSTIN, TX 78735				4. If	4. If Amendment, Date Original Filed(Month/Day/Year)							6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting PersonForm filed by More than One Reporting Person				
(City) (State) (Zip)					Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned											
1.Title of Security (Instr. 3)		2. Transaction Date (Month/Day/Year	Exec any	2A. Deemed Execution Date, if any (Month/Day/Year)		(Instr. 8)		(A) or Disp (Instr. 3, 4 a		of (D)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)		or Indirect	7. Nature of Indirect Beneficial Ownership (Instr. 4)		
							ode	V	Amoun	or (D)	Price				(I) (Instr. 4)	
Common Stock 03		03/31/2020				F		1,244 (1)	D I	\$ 15.07 (2)	90,863 (3)			D		
Reminder: 1	Report on a s	separate line fo	or each class of secu	Deriv	ative Securit	ies A	equire	Pers cont the f	ons what ained it form dis	no respo n this fo splays a of, or Be	orm ard curre	e not requently valid	ction of inf uired to res I OMB conf	spond unle	ss	1474 (9-02)
1. Title of	2	3. Transaction	n 3A. Deemed		outs, calls, w	arran 5.	ts, op		, conver ate Exer			itle and	8 Price of	9. Number	of 10.	11. Natu
Derivative Security	Conversion or Exercise Price of Derivative Security		Year) Execution D	ution Date, if Transaction Number and E		Expiration Date onth/Day/Year) L S		Am Und Sec	ount of derlying urities tr. 3 and	Derivative Security (Instr. 5)		Owners Form of Derivat Security Direct ( or Indir	hip of Indire Beneficia Ownersh (Instr. 4)			
					Code V	(A)	(D)	Date Exer	e rcisable	Expiration Date	On Titl	Amount or e Number of Shares				

### **Reporting Owners**

	Relationships							
Reporting Owner Name / Address	Director	10% Owner	Officer	Other				
Thames Bruce 7171 SOUTHWEST PARKWAY BUILDING 300, SUITE 200 AUSTIN, TX 78735	X		President & CEO					

#### **Signatures**

/s/ Ryan Tarkington, Attorney-in-Fact	04/01/2020		
**Signature of Reporting Person	Date		

#### **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. *See* 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) These shares were surrendered for tax payment upon vesting of restricted stock units on March 31, 2020.
- (2) Sales price is the fair market value on Tuesday, March 31, 2020.
- (3) Includes 37,777 restricted stock units held by the reporting person.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.