FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL
OMB Number: 3235-0287
Estimated average burden
hours per response... 0.5

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

| pe Response | | * | | | | | | | | | 5 D 1 (| 1: CD | ı: D | () (T | |
|--|---|--|--|--|---|--|---|--|---|---|--|--|---|--|--|
| 1. Name and Address of Reporting Person *- VAN DER SALM JOHANNES RENE | | | | 2. Issuer Name and Ticker or Trading Symbol Thermon Group Holdings, Inc. [THR] | | | | | | 5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner | | | | | |
| (Last) (First) (Middle) 7171 SOUTHWEST PARKWAY, BUILDING 300, SUITE 200 | | | | 3. Date of Earliest Transaction (Month/Day/Year) 06/30/2019 | | | | | | X Officer (give title below) Other (specify below) SVP - Global Operations | | | | | |
| (Street) | | 4. If A | 4. If Amendment, Date Original Filed(Month/Day/Year) | | | | | | 6. Individual or Joint/Group Filing(Check Applicable Line) Form filed by One Reporting Person Form filed by More than One Reporting Person | | | | | | |
| | (State) (Zip) | | | Table I - Non-Derivative Securities Acou | | | | | | tired, Disposed of, or Beneficially Owned | | | | | |
| 1.Title of Security (Instr. 3) | | 2. Transaction Date (Month/Day/Year | Execution I any | cution Date, if | | (Instr. 8) | | 1 4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5) | | d of (D) | 5. Amount of Securities Beneficially Owned Following Reported Transaction(s) | | Following | Ownership Form: | Beneficial |
| | | | (Mont | th/Day/Ye | ar) | Code | V | Amoun | (A) or (D) | Price | (Instr. 3 a | and 4) | | | Ownership (Instr. 4) |
| n Stock | | 06/30/2019 | | | | F | | 413 (1 | D | \$ 25.65 (2) | 144,050 | 6 <u>(3)</u> | | D | |
| n Stock | | 07/01/2019 | | | | S ⁽⁴⁾ | | 2,905 | D | \$ 25.68 | 141,15 | 1 | | D | |
| Report on a s | separate line f | | · Deriva | ntive Secu | ritie | s Acqui | Per cor the | rsons whatained in form dis | no resp n this f splays of, or B | form are a curre eneficial | e not requently valid | uired to res OMB con | spond unle | ss | 1474 (9-02) |
| | Date | on 3A. Deemed Execution Day | 4. Transaction | | 5. Non No. D S. A | 5. Number of Derivative Securities Acquired (A) or Disposed of (D) | | 6. Date Exercisable and Expiration Date (Month/Day/Year) | | 7. T Amo Und Seco | itle and ount of lerlying urities | | Derivative Securities Beneficially Owned Following Reported | Owners Form of Derivati Security Direct (1 or Indire | (Instr. 4) |
| | | | | | | Instr. 3, , and 5) | | | | | | | | | |
| | ER SALM (1) DUTHWES ITE 200 I, TX 7873 (1) Security Security 2. Conversion or Exercise Price of Derivative | ER SALM JOHANNE (First) (UTHWEST PARKW ITE 200 (Street) J. TX 78735 (State) Security 1 Stock 1 Stock 2. Conversion or Exercise Price of Derivative Conversion of Exercise Price of Derivative | ER SALM JOHANNES RENE (First) (Middle) (Street) (ITE 200 (Street) I, TX 78735 (State) (Zip) Security 2. Transaction Date (Month/Day/Year) 1 Stock 06/30/2019 Report on a separate line for each class of security Table II - 2. Conversion or Exercise Price of Date (Month/Day/Year) (Month/Day/Year) (Month/Day (Month/Day (Month/Day (Month/Day (Month/Day (Month/Day (Month/Day (Month/Day (Month/Day | ER SALM JOHANNES RENE (Middle) (DUTHWEST PARKWAY, BUILDING (Street) (Street) (Street) (Street) (Street) (Street) (A. If A. If | ER SALM JOHANNES RENE (Middle) (First) (Middle) (DUTHWEST PARKWAY, BUILDING (Street) (Street) (Street) (Street) (State) (Zip) (Zip) (Security 2. Transaction Date (Month/Day/Year) (Month/Day/Year) 1. Stock (Month/Day/Year) 2. Transaction Date (Month/Day/Year) (Month/Day/Year) 2. Table II - Derivative Securities beneficially Table II - Derivative Securities beneficially (Month/Day/Year) 2. Table II - Derivative Securities beneficially Table II - Derivative Securities beneficially (Month/Day/Year) 2. Table II - Derivative Securities beneficially Table II - Derivative Securities beneficially (Month/Day/Year) (Month/Day/Year) (Month/Day/Year) | Table II - Derivative Securities beneficially owner of Exercise of Date (Month/Day/Year) Table II - Derivative Securities Security Table II - Derivative Securities Security Table II - Derivative Securities Security (Month/Day/Year) Table II - Derivative Securities Securities Security (Month/Day/Year) Table II - Derivative Securities Securities Securities Securities Security (Month/Day/Year) Table II - Derivative Securities Securit | Thermon Group Holding (First) (Middle) | Thermon Group Holdings, (First) (Middle) (Middl | Thermon Group Holdings, Inc. [TI | Thermon Group Holdings, Inc. [THR] 3. Date of Earliest Transaction (Month/Day/Year) 3. Date of Earliest Transaction (Month/Day/Year) 4. If Amendment, Date Original Filed(Month/Day/Year) 5. TX 78735 6. Security 2. Transaction Date (Month/Day/Year) 2. Transaction Date (Month/Day/Year) 6. Security 1. TX 8735 6. Date (Instr. 3, 4 and Or or or Securities) 7. Table II - Derivative Securities Acquired (A) or Disposed of Or Derivative Securities 8. Table II - Derivative Securities Acquired (A) or Disposed of Or Disposed (A) or Disposed (A) or Disposed (A) or Disposed (A) or Disposed (B) of (D) or Disposed (A) or Disposed (A) or Disposed (B) or Derivative Securities Securities Acquired (A) or Disposed (A) or Disposed (B) | Thermon Group Holdings, Inc. [THR] Table I - Non-Derivative Securities Acquired (A) or Disposed of (D) Table I - Non-Derivative Securities Acquired (A) or Disposed of (D) Table I - Non-Derivative Securities Acquired (A) or Disposed of (D) Table I - Non-Derivative Securities Acquired (A) or Disposed of (D) Thermon Group Holdings, Inc. [Thr] Table I - Non-Derivative Securities Acquired (A) or Disposed of (D) Thermon Group Holdings, Inc. [Thr] Thermon G | Thermon Group Holdings, Inc. [THR] (First) (Middle) (Of/30/2019 (Street) 3. Date of Earliest Transaction (Month/Day/Year) (Of/30/2019 (Street) 4. If Amendment, Date Original Filed(Month/Day/Year) (A) or Date (Month/Day/Year) (State) (Zip) Table I - Non-Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3) (Month/Day/Year) (Month/Day/Year) (Month/Day/Year) (Instr. 3) (A) Code V Amount (D) Price (Instr. 3) (Instr. 3) (A) Code (Instr. 3) (A) Code V Amount (D) Price (Instr. 3) (Instr. 3) (A) Code (Instr. 3) (Instr. 3) (Instr. 3) | Code (Month/Day/Year) 1. Stock 1. | Thermon Group Holdings, Inc. [THR] (Check all applie Director (Check all a | Table 1 - Non-Derivative Securities Code V Amount (D) Price Code V Amount (D) Price Code C |

Reporting Owners

| | Relationships | | | | | |
|---|---------------|--------------|-------------------------|-------|--|--|
| Reporting Owner Name / Address | Director | 10% Owner | Officer | Other | | |
| VAN DER SALM JOHANNES RENE 7171 SOUTHWEST PARKWAY BUILDING 300, SUITE 200 AUSTIN, TX 78735 | | | SVP - Global Operations | | | |

Signatures

| /s/ Ryan Tarkington, Attorney-in-Fact | 07/02/2019 |
|---------------------------------------|------------|
| | |

| **Signature of Reporting Person | Date |
|---------------------------------|------|
| | |

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) These shares were surrendered for tax payment upon vesting of restricted stock units on June 30, 2019.
- (2) Sales price is the fair market value on Friday, June 28, 2019.
- (3) Includes 13,781 restricted stock units held by the reporting person.
- (4) The sale reported in this Form 4 were effected pursuant to a Rule 10b5-1 trading plan adopted by the reporting person on March 14, 2019.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.