# FORM 4

# UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL
OMB Number: 3235-0287
Estimated average burden
hours per response... 0.5

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

#### STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Print or Ty	pe Response	s)														
Name and Address of Reporting Person *     Dalgetty Linda				2. Issuer Name and Ticker or Trading Symbol Thermon Group Holdings, Inc. [THR]							5. Relationship of Reporting Person(s) to Issuer (Check all applicable)  X Director 10% Owner					
7171 SO 300, SUI	UTHWES	(First) T PARKWA	(Middle) AY, BUILDING	3. Date of 07/01/2		t Tran	sactio	n (Mo	nth/Day	y/Year)		Office	r (give title belo	ow)	Other (specify b	elow)
(Street) AUSTIN, TX 78735			4. If Amendment, Date Original Filed(Month/Day/Year)						6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting PersonForm filed by More than One Reporting Person							
(City) (State) (Zip)			Table I - Non-Derivative Securities Acqu						ired, Disposed of, or Beneficially Owned							
1.Title of Security (Instr. 3)		2. Transaction Date (Month/Day/Year)		eemed tion Date, if	f Coo (Ins	3. Transaction Code (Instr. 8)					Beneficial Reported	nt of Securities lly Owned Following Transaction(s)		Ownership o	Beneficial	
				(Month/Day/Year)			Code	V	Amour	(A) or (D)	Price	(Instr. 3 and 4)		Direct (D) or Indirect (I) (Instr. 4)	Ownership (Instr. 4)	
Common	Stock		07/01/2019				A		912	A :	\$ 0	3,931			D	
			Table II - I				equire	conta the fo ed, Dis	ained i orm dis	n this fori splays a c	m are curre	not requesting noting the noting in the noti	OMB conf	ormation spond unle trol numbe	ss	1474 (9-02)
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security		n 3A. Deemed Execution Day Year) any	4. Transaction Code (Instr. 8)		5.		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)		Derivative Security (Instr. 5)	9. Number of Derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	Owners Form of Derivati Security Direct ( or Indire	Beneficia Ownershi (Instr. 4)	
				Co	de V	(A)	(D)	Date Exerc	cisable	Expiration Date	Title	Amount or Number of Shares				

### **Reporting Owners**

	Relationships					
Reporting Owner Name / Address	Director	10% Owner	Officer			
Dalgetty Linda 7171 SOUTHWEST PARKWAY BUILDING 300, SUITE 200 AUSTIN, TX 78735	X					

## **Signatures**

	/s/ Ryan Tarkington, Attorney-in-Fact	07/02/2019
,	**Signature of Reporting Person	Date

# **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Award pursuant to Issuer's Non-Employee Director Compensation Program.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.