# FORM 4

# UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL					
DMB Number:	3235-0287				
Estimated average burden					
ours per respon	se 0.5				

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. *See* Instruction 1(b).

#### STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

ing Person *			or Tra	ding Sy	mbol		5. Relation	ship of Rep	orting Perso	n(s) to Issue	er
	2. Issuer Name and Ticker or Trading Symbol Thermon Group Holdings, Inc. [THR]					5. Relationship of Reporting Person(s) to Issuer (Check all applicable)  X Director 10% Owner					
(Middle)	3. Date of Earliest Transaction (Month/Day/Year) 07/02/2018					(give title belo		Other (specify b	elow)		
	4. If Amendment, Date Original Filed(Month/Day/Year)				6. Individual or Joint/Group Filing(Check Applicable Line) _X_Form filed by One Reporting Person _Form filed by More than One Reporting Person						
(Zip)	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned										
2. Transaction Date (Month/Day/Year)	any	Code (Instr. 8)		4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		of	Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)			Ownership of Indire Benefici Ownersh	7. Nature of Indirect Beneficial Ownership
		Code	V	Amoun	(A) or (D)	Price				(I)	(Instr. 4)
07/02/2018		A		655 (1	<u>)</u> A	\$ 0	1,093			D	
10/01/2018		A		589 <u>(1</u>	) A	\$ 0	1,682			D	
01/02/2019		A		723 (1	) A	\$ 0	2,405			D	
line for each class of secu	rities beneficially o		Perso conta	ons wh	n this for	m ar	e not req	uired to re	spond unl	ess	EC 1474 (9- 02)
rivative Conversion Date Execution Date, if Transaction of ar		and E	d Expiration Date A fonth/Day/Year) U So (I			ount of derlying urities ttr. 3 and	Derivative	Derivative Securities Beneficially Owned Following Reported	Ownersh Form of Derivati Security Direct (I or Indire	ve Ownership v: (Instr. 4) D)	
			Date Exerc	cisable		Title	Amount or Number of				
	2. Transaction Date (Month/Day/Year)  07/02/2018  10/01/2018  01/02/2019  line for each class of secu  Table II - D (e saction JA. Deemed Execution Da any	(Zip)  (Zip)  (Zip)  (Zip)  (Zip)  (A. If Amendment,  (An Deemed Execution Date, if any (Month/Day/Year)  (Month/Day/Year)  (Month/Day/Year)  (Month/Day/Year)  (A. Deemed Execution Date, if any (Month/Day/Year)  (An Deemed Execution Date, if (An Deemed Execution Date, if (An Deemed Execution Date, if (Month/Day/Year)  (An Deemed Execution Date, if (Month/Day/Year)  (Month/Day/Year)  (Month/Day/Year)	(Zip)  Table I - Non-  2A. Deemed Execution Date, if (Month/Day/Year)  (Month/Day/Year)  Table II - Derivative Securities Acquire (e.g., puts, calls, warrants, optony)  Saction  3A. Deemed Execution Date, if (any)  (Month/Day/Year)  Table II - Derivative Securities Acquire (e.g., puts, calls, warrants, optony)  (Month/Day/Year)  Saction  3A. Deemed Execution Date, if (any)  (Month/Day/Year)  (Month/Day/Year)  (Month/Day/Year)  A  5. Number Original Survey  Code (Instr. 8)  Code (Instr. 8)	Code   V   O7/02/2018   A   In Amendment, Date Original Files	4. If Amendment, Date Original Filed(Mont  (Zip)  Table I - Non-Derivative Securities (Month/Day/Year)  2. Transaction Date (Execution Date, if (Month/Day/Year)  (Month/Day/Year)  2. Transaction Execution Date, if (Instr. 8)  (Month/Day/Year)  Code V Amount  A 655 (Instr. 3)  Code V Amount  A 655 (Instr. 3)  In 10/01/2018  A 723 (Instr. 3)  In 10/01/2019  A 723 (Instr. 3)  A 723 (Instr. 3)	Czip   Table I - Non-Derivative Securities	Cap   Cap	A. If Amendment, Date Original Filed(Month/Day/Year)   A. If Ame	A	4. If Amendment, Date Original Filed(Month/Day/Year)  (Zip)  Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned Execution Date, if (Month/Day/Year)  (Month/Day/Year)  (Month/Day/Year)  (Month/Day/Year)  (A)  Table II - Derivative Securities Acquired (A) or Disposed of (Instr. 8)  (Date (Instr. 3, 4 and 5)  (A) or Disposed of (Instr. 3 and 4)  (B)  (Instr. 3 and 4)  (A) or Disposed of (Instr. 3 and 4)  (B)  (Instr. 3 and 4)  (A) or Disposed of (Instr. 3 and 4)  (B)  (Instr. 3 and 4)  (Instr. 3 and 4)	4. If Amendment, Date Original Filed(Month/Day/Year)  4. If Amendment, Date Original Filed(Month/Day/Year)  (Zip)  Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned  2. Transaction Date, if (Month/Day/Year)  (Month/Day/Year)  (Month/Day/Year)  (A) or (D) Price  (A) or (D) Price  (A) or (D) Price  (Basedin and A) Securities Deneficially Owned Following Reported Transaction(s)  (Instr. 3) and 4)  (Month/Day/Year)  (Instr. 4)  (Instr. 4)  (Instr. 4)  (Instr. 5)  (Instr. 5)  (Instr. 5)  (Instr. 5)  (Instr. 5)  (Instr. 6)  (Instr. 7)  (Instr. 7)  (Instr. 7)  (Instr. 7)  (Instr. 7)  (Instr. 8)  (Instr. 8)  (Instr. 6)  (Instr. 8)  (Instr. 9)  (Instr. 4)  (Instr. 4)

### **Reporting Owners**

Describer Occurs Name / Address	Relationships					
Reporting Owner Name / Address	Director	10% Owner	Officer	Other		
Dalgetty Linda						
100 THERMON DRIVE	X					
SAN MARCOS, TX 78666						

### **Signatures**

/s/ Sarah Alexander as attorney-in-fact	01/03/2019
**Signature of Reporting Person	Date

## **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Award pursuant to Issuer's Non-Employee Director Compensation Program.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB nu	mber.