FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

| OMB APPRO | VAL |
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| OMB Number: | 3235-0287 |
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| nours per response | . 0.5 |

longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

| (Print or Type | e Responses |) | | | | | | | | | | | | | | |
|--|-------------|--|---|---|---|---|------|--|--|-----------------------|---------------------------|---|------------------|----------|--|-----|
| 1. Name and Address of Reporting Person *- SNIDER STEPHEN A | | | | 2. Issuer Name and Ticker or Trading Symbol Thermon Group Holdings, Inc. [THR] | | | | | | | | 5. Relationship of Reporting Person(s) to Issuer (Check all applicable) X Director 10% Owner | | | | |
| (Last) (First) (Middle) 100 THERMON DRIVE | | | | 3. Date of Earliest Transaction (Month/Day/Year) 08/01/2013 | | | | | | | - | | ive title below) | Oth | er (specify bel | ow) |
| (Street) SAN MARCOS, TX 78666 | | | | 4. If Amendment, Date Original Filed(Month/Day/Year) | | | | | | | | 6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person _Form filed by More than One Reporting Person | | | | |
| (City) (State) (Zip) | | | | | Table I - Non-Derivative Securities Acqui | | | | | | | red, Disposed of, or Beneficially Owned | | | | |
| (Instr. 3) | | 2. Transaction Date Month/Day/Year) | 2A. Deem Execution any (Month/Da | Date | , if Co | Trans ode nstr. 8 |) | 4. Securities Ac (A) or Disposed (D) (Instr. 3, 4 and 2) | | d of Bo | eneficially eported Tr | Amount of Securities neficially Owned Following ported Transaction(s) str. 3 and 4) | | orm: | 7. Nature of Indirect Beneficial Ownership | |
| | | | | | | | Code | V | Amount (A) o | | r Price | 2 | | (. | (I) (Instr. 4) | |
| Common S | Stock | C | 08/02/2013 | | | | M | | 2,091 | A | \$ 0 7, | 875 | | I |) | |
| | | | Table II - I | | | | | ed, Disp | osed of | f, or Bei | neficially (| | control nu | illiber. | | |
| Derivative Conversion Date Execution Date, if Transaction of and | | 6. Date Exercisable and Expiration Date (Month/Day/Year) 7. Title Amour Underly Securit | | | 7. Title ar Amount of Underlying Securities (Instr. 3 a | le and 8. Prio int of Deriv. rlying Secur (ities (Instr. | | 9. Number of Derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4) | Ownersh Form of Derivati Security Direct (I or Indire | Ownersh (Instr. 4) | | | | | | |
| | | | | Code | V | (A) | (D) | Date Exercisa | Exp | piration te | Title | Amount or Number of Shares | | | | |
| Restricted Stock Award | \$ 0 | 08/01/2013 | | A | | 2,488 | 3 | (1) | | (1) | Commo | 2,488 | \$ 0 | 2,488 | D | |

Reporting Owners

| D (O N /411 | Relationships | | | | | | |
|---|---------------|-----------|---------|-------|--|--|--|
| Reporting Owner Name / Address | Director | 10% Owner | Officer | Other | | | |
| SNIDER STEPHEN A 100 THERMON DRIVE SAN MARCOS, TX 78666 | X | | | | | | |

Signatures

| /s/ Stephen Snider by Sarah Alexander as attorney-in-fact | 08/06/2013 |
|---|------------|
| **Signature of Reporting Person | Date |

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) On August 1, 2013, the reporting person was granted a restricted stock award which will vest on the first anniversary of the grant date.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.