FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. *See* Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Print or Ty	pe Response	s)																	
1. Name and Address of Reporting Person * Thames Bruce					2. Issuer Name and Ticker or Trading Symbol Thermon Group Holdings, Inc. [THR]									5. Relationship of Reporting Person(s) to Issuer (Check all applicable) X Director 10% Owner					
(Last) (First) (Middle) 7171 SOUTHWEST PARKWAY, BUILDING 300, SUITE 200					3. Date of Earliest Transaction (Month/Day/Year) 06/30/2019								X Officer (give title below) Other (specify below) President & CEO						
(Street) AUSTIN, TX 78735				4. If A	4. If Amendment, Date Original Filed(Month/Day/Year)								6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting PersonForm filed by More than One Reporting Person						
(City	(City) (State) (Zip)					Table I - Non-Derivative Securities Acqui							cquir	ired, Disposed of, or Beneficially Owned					
1.Title of Security (Instr. 3)			2. Transaction Date (Month/Day/Year)	any	tion Date, if	e, if	(Instr. 8)		tion	4. Securities Acquire (A) or Disposed of (Instr. 3, 4 and 5)		(D) Benefici Reported		ant of Securities ially Owned Following d Transaction(s)		6. Ownership Form:	7. Nature of Indirect Beneficial Ownership		
				(Month/Day/Yea		ear)	Code		V	Amount	(A) or Amount (D) Pr		ice			(Instr. 4)			
Common	Stock		06/30/2019				F			2,227 (1)	D	\$ 25.0 (2)	65 9	92,107	(3)		D		
	Topon on a	oparate mie i	or each class of secu	Derivat	tive Secu	uritie	s Acq	quire	Pers cont the f	ons wh ained in orm dis	o responding this for this for Bo	orm a cu enefi	are i	not requ lly valid	ction of inf uired to res OMB conf	spond unle	ss	1474 (9-02)	
Security	2. Conversion or Exercise Price of Derivative Security		Year) Execution I	4.		5 N o D S A (A D o (I	5.		6. Date Exerci and Expiration (Month/Day/Y		isable n Date Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)		Security (Instr. 5)	9. Number of Derivative Securities Beneficially Owned Following Reported Transaction((Instr. 4)	Owners Form of Derivat Security Direct (or Indir	Benefici Ownersh : (Instr. 4)	
					Code	V ((A)		Date Exer		Expirati Date	ion	Title	or Number of Shares					

Reporting Owners

	Relationships								
Reporting Owner Name / Address	Director	10% Owner	Officer	Other					
Thames Bruce 7171 SOUTHWEST PARKWAY BUILDING 300, SUITE 200 AUSTIN, TX 78735	X		President & CEO						

Signatures

/s/ Ryan Tarkington, Attorney-in-Fact	07/02/2019
**Signature of Reporting Person	Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. *See* 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) These shares were surrendered for tax payment upon vesting of restricted stock units on June 30, 2019.
- (2) Sales price is the fair market value on Friday, June 28, 2019.
- (3) Includes 43,084 restricted stock units held by the reporting person.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.