FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. *See* Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Print or Ty	pe Response	s)												
1. Name and Address of Reporting Person* Thames Bruce				2. Issuer Name and Ticker or Trading Symbol Thermon Group Holdings, Inc. [THR]						5. Relationship of Reporting Person(s) to Issuer (Check all applicable)XDirector10% Owner				
(Last) (First) (Middle) 7171 SOUTHWEST PARKWAY, BUILDING 300, SUITE 200			3. Date of Earliest Transaction (Month/Day/Year) 06/19/2019					X Officer (give title below) Other (specify below) President & CEO						
(Street) AUSTIN, TX 78735				4. If Amendment, Date Original Filed(Month/Day/Year)					6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting PersonForm filed by More than One Reporting Person					
(City) (State) (Zip)			Table I - Non-Derivative Securities Acqu					ired, Disposed of, or Beneficially Owned						
(Instr. 3) Date		2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	(Instr. 8)		4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)						Ownership Form:	7. Nature of Indirect Beneficial Ownership	
				(World) Day/ Tear	Code	V	Amount	(A) or t (D)	Price	(msu. 3 a	iiiu +)			(Instr. 4)
Common Stock		06/19/2019		F		2,263 (1)	D	\$ 25.17 (2)	94,334 (3)		D			
Reminder:	Report on a s	separate line fo	r each class of secu	rities beneficially o	wned dire	Pers	sons wh	o resp	orm are	e not requ		formation spond unle trol numbe	ess	1474 (9-02)
				Derivative Securit (e.g., puts, calls, w		red, D	isposed (of, or B	eneficia	lly Owned		troi numbe	ir.	
Security	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/	Execution Da Year) any	4. Transaction Code Year) (Instr. 8)	5. Number of Derivativ Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)		Am Und Sec	Title and ount of derlying urities atr. 3 and		9. Number of Derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	Owners Form o Derivat Security Direct (or Indir	Beneficia Ownershi (Instr. 4) D) ect	
				Code V	(A) (D			Expirat Date	ion Titl	Amount or e Number of Shares				

Reporting Owners

	Relationships						
Reporting Owner Name / Address	Director	10% Owner	Officer	Other			
Thames Bruce 7171 SOUTHWEST PARKWAY BUILDING 300, SUITE 200 AUSTIN, TX 78735	X		President & CEO				

Signatures

/s/ Ryan Tarkington, Attorney-in-Fact	06/21/2019
Signature of Reporting Person	Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. *See* 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) These shares were surrendered for tax payment upon vesting of restricted stock units on June 19, 2019.
- (2) Sales price is the fair market value on Wednesday, June 19, 2019.
- (3) Includes 48,745 restricted stock units held by the reporting person.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.