FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL
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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)	1											
1. Name and Address of VAN DER SALM J		2. Issuer Name and Ticker or Trading Symbol Thermon Group Holdings, Inc. [THR]						5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner				
(Last)			Date of Earliest Tran	nsaction (Mor	th/Da	ny/Year)			X_ Officer (give title below)Other (specify below) SVP - Global Operations			
7171 SOUTHWEST PARKWAY, BUILDING 300, SUITE 200			1/09/2017									
(Street) AUSTIN, TX 78735			4. If Amendment, Date Original Filed(Month/Day/Year)						6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting PersonForm filed by More than One Reporting Person			
(City)	(Zip)	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned										
(Instr. 3) Date		2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	(Instr. 8)		4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)			5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	Ownership Form:	7. Nature of Indirect Beneficial	
			(Month/Day/Year)	Code	V	Amount	(A) or (D)	Price			Ownership (Instr. 4)	
Common Stock		11/09/2017		J(1)		51,304	D	\$ 0	126,298	D		
Common Stock		05/20/2018		M ⁽²⁾		2,156	A	\$ 0	128,454	D		
Common Stock		05/20/2018		F ⁽³⁾		554	D	\$ 0	127,900	D		
Common Stock		05/20/2018		J <u>(1)</u>		773	D	\$ 0	127,127	D		
Common Stock 06/19/2018		06/19/2018		M ⁽²⁾		1,492	A	\$ 0	128,619	D		
Common Stock 06/19/2018		06/19/2018		F ⁽³⁾		363	D	\$ 0	128,256	D		
Common Stock 06/19/2018		06/19/2018		<u>J⁽¹⁾</u>		378	D	\$ 0	127,878	D		
Common Stock		07/30/2018		M ⁽²⁾		2,157	A	\$ 0	130,035	D		
Common Stock		07/30/2018		F ⁽³⁾		525	D	\$ 0	129,510	D		
Common Stock		07/30/2018		J(1)		557	D	\$ 0	128,953	D		

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474 (9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	e (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	Code (Instr. 8)		Securiti Acquire or Disp (D)	ive ies ed (A)	6. Date Exercisable Date (Month/Day/Year)	•	7. Title and Underlying (Instr. 3 and	Securities		Securities Beneficially Owned Following Reported Transaction(s)	Ownership Form of Derivative Security: Direct (D) or Indirect (I)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		(Instr. 4)	(Instr. 4)	
Restricted Stock Units	\$ 0	05/16/2018		A		5,095		06/30/2019 ⁽⁴⁾	06/30/2021(4)	Common Stock	5,095.00	\$ 0	5,095	D	
Restricted Stock Units	\$ 0	05/16/2018		A		2,653		03/31/2020(5)	03/31/2020(5)	Common Stock	2,653.00	\$ 0	2,653	D	
Performance Units (6)	\$ 0	05/16/2018		A		5,095		03/31/2021(6)	03/31/2021(6)	Common Stock	5,095.00	\$ 0	5,095	D	
Performance Units (7)	\$ 0	05/16/2018		A		2,162		03/31/2021(7)	03/31/2021(7)	Common Stock	2,162.00	\$ 0	2,162	D	
Performance Units (8)	\$ 0	05/16/2018		A		2,653		03/31/2020(8)	03/31/2020(8)	Common Stock	2,653.00	\$ 0	2,653	D	
Performance Units (9)	\$ 0	05/16/2018		D			9,035	03/31/2018(9)	03/31/2018(9)	Common Stock	9,035.00	\$ 0	0	D	
Restricted Stock Units (10)	\$ 0	05/20/2018		M			2,156	(10)	(10)	Common Stock	2,156.00	\$ 0	2,157	D	

Restricted Stock Units	\$ 0	06/19/2018	M		1,492	07/30/2016(11)	07/30/2018(11)	Common Stock	1,492.00	\$ 0	0	D	
Restricted Stock Units (12)	\$ 0	07/30/2018	M		2,157	06/19/2018(12)	06/19/2020(12)	Common Stock	2,157.00	\$ 0	4,315	D	
Performance Units (13)	\$ 0					<u>(13)</u>	<u>(13)</u>	Common Stock	6,469.00		0	D	
Performance Units (14)	\$ 0					<u>(14)</u>	<u>(14)</u>	Common Stock	3,028.00		0	D	
Performance Units (15)	\$ 0					03/31/2020(15)	03/31/2020(15)	Common Stock	2,724.00		2,724	D	
Performance Units (16)	\$ 0					03/31/2020(16)	03/31/2020(16)	Common Stock	6,472.00		6,472	D	
Stock Option (Right to Buy) (17)	\$ 12.00					05/04/2012 ⁽¹⁷⁾	05/04/2021(17)	Common Stock	5,000.00		5,000	D	

Reporting Owners

			Relationships	
Reporting Owner Name / Address	Director	10% Owner	Officer	Other
VAN DER SALM JOHANNES RENE 7171 SOUTHWEST PARKWAY BUILDING 300, SUITE 200 AUSTIN, TX 78735			SVP - Global Operations	

Signatures

/s/ Johannes vanderSalm by Sarah Alexander as attorney in fact	04/22/2019
Signature of Reporting Person	Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Represents shares transferred as a division of assets pursuant to a divorce decree.
- (2) Each restricted stock unit represents the right to receive, at settlement, one share of common stock. This transaction represents the settlement of vested restricted stock units in shares of common stock.
- (3) Shares withheld by Issuer to satisfy applicable withholding tax upon vesting of restricted stock units.
- (4) On May 16, 2018, the reporting person was granted a restricted stock unit award. Each restricted stock unit represents the right to receive, at settlement, one share of the Issuer's common stock. Award vests in equal annual installments on the first, second and third anniversaries of the grant date. The number of shares reflected in this filing represents unvested restricted stock units.
- (5) On May 16, 2018, the reporting person was granted a restricted stock unit award. Each restricted stock unit represents the right to receive, at settlement, one share of the Issuer's common stock. Award cliff vests on March 31, 2020.
- On May 16, 2018, the reporting person was granted a performance unit award vesting on March 31, 2021, subject to the Issuer's adjusted EBITDA performance goals as further specified in the equity

 (6) award agreement. The number of shares reflected in this filing represents unvested performance units at the target performance level. The actual number of shares that may vest ranges from zero to 200% of the target number of shares.
- On May 16, 2018, the reporting person was granted a performance unit award vesting on March 31, 2021, subject to the Issuer's relative total shareholder return goals as further specified in the equity award (7) agreement. The number of shares reflected in this filing represents unvested performance units at the target performance level. The actual number of shares that may vest ranges from zero to 200% of the target number of shares.
- On May 16, 2018, the reporting person was granted a performance unit award vesting on March 31, 2020, subject to the adjusted EBITDA performance goals of the Thermon Heating Systems, Inc.

 (8) (subsidiary of the Issuer) as further specified in the equity award agreement. The number of shares reflected in this filing represents unvested performance units at the target performance level. The actual number of shares that may vest ranges from zero to 200% of the target number of shares.
- On July 30, 2015, the reporting person was granted a performance unit award vesting on March 31, 2018, subject to the Issuer's relative total shareholder return goals as further specified in the equity award agreement. The number of shares reflected in this filing represents unvested performance units at the target performance level. The actual number of shares that may vest ranges from zero to 200% of the target number of shares. On May 16, 2018, the Issuer's Compensation Committee reviewed the Company's relative total shareholder return gerformance during the applicable performance period and determined that zero shares were earned in settlement of the award for the period beginning July 30, 2015 and ending March 31, 2018.
- (10) On May 20, 2016, the reporting person was granted a restricted stock unit award. Each restricted stock unit represents the right to receive, at settlement, one share of the Issuer's common stock. Award vests in equal annual installments on the first, second and third anniversaries of the grant date. The number of shares reflected in this filing represents unvested restricted stock units.
- (11) On July 30, 2015, the reporting person was granted a restricted stock unit award. Each restricted stock unit represents the right to receive, at settlement, one share of the Issuer's common stock. Award vests in equal annual installments on the first, second and third anniversaries of the grant date. The number of shares reflected in this filing represents unvested restricted stock units.
- (12) On June 19, 2017, the reporting person was granted a restricted stock unit award. Each restricted stock unit represents the right to receive, at settlement, one share of the Issuer's common stock. Award vests in equal annual installments on the first, second and third anniversaries of the grant date. The number of shares reflected in this filing represents unvested restricted stock units.
- On May 20, 2016, the reporting person was granted a performance unit award vesting on March 31, 2019, subject to the Issuer's adjusted EBITDA performance goals as further specified in the equity (13) award agreement. The number of shares reflected in this filing represents unvested performance units at the target performance level. The actual number of shares that may vest ranges from zero to 200% of the target number of shares.
- On May 20, 2016, the reporting person was granted a performance unit award vesting on March 31, 2019, subject to the Issuer's relative total shareholder return goals as further specified in the equity award (14) agreement. The number of shares reflected in this filing represents unvested performance units at the target performance level. The actual number of shares that may vest ranges from zero to 200% of the target number of shares.
- On June 19, 2017, the reporting person was granted a performance unit award vesting on March 31, 2020, subject to the Issuer's relative total shareholder return goals as further specified in the equity award (15) agreement. The number of shares reflected in this filing represents unvested performance units at the target performance level. The actual number of shares that may vest ranges from zero to 200% of the target number of shares.

- On June 19, 2017, the reporting person was granted a performance unit award vesting on March 31, 2020, subject to the Issuer's adjusted EBITDA performance goals as further specified in the equity (16) award agreement. The number of shares reflected in this filing represents unvested performance units at the target performance level. The actual number of shares that may vest ranges from zero to 200% of the target number of shares.
- (17) On May 4, 2011, the reporting person was granted a stock option award vesting in equal annual installments on the first, second, third, fourth and fifth anniversaries of the award. The number of options reflected in this filing represents unexercised options.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

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