FORM 4

(Print or Type Responses)

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person - VAN DER SALM JOHANNES RENE			2. Issuer Name and Ticker or Trading Symbol Thermon Group Holdings, Inc. [THR]						5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner		
100 THERMON DR	IVE (First)		3. Date of Earliest Transaction (Month/Day/Year) 07/30/2016						r (specify below)	
(Street) SAN MARCOS, TX 78666			4. If Amendment, Date Original Filed(Month/Day/Year)						6. Individual or Joint/Group Filing(Check Applicable Line) _X_Form filed by One Reporting Person _Form filed by More than One Reporting Person		
(City)	(State)	(Zip)	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned								
1.Title of Security (Instr. 3)		2. Transaction Date (Month/Day/Year	Execution Date, if	Code		4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		of (D)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	Ownership Form:	Beneficial Ownership
				Code	V	Amount	(A) or (D)	Price		(I) (Instr. 4)	(Instr. 4)
Common Stock (1)		07/30/2016		M		1,492	A	\$ 0	171,267	D	
Common Stock (2)		07/30/2016		F		408	D	\$ 20.18	170,859	D	
Common Stock (1)		07/31/2016		M		1,481	A	\$ 0	172,340	D	
Common Stock (2)		07/31/2016		F		401	D	\$ 20.18	171,939	D	
Common Stock (1)		08/01/2016		M		2,697	A	\$ 0	174,636	D	
Common Stock (2)		08/01/2016		F		713	D	\$ 20.14	173,923	D	
Common Stock (1)		07/30/2016		M		2,156	A	\$ 0	176,079	D	
Common Stock (2)		07/30/2016		F		638	D	\$ 20.44	175,441	D	
Reminder: Report on a s	separate line for each cla	ss of securities bene	eficially owned direct	F	erso his fo	orm are	not requ	uired to	collection of information contained respond unless the form displays a number.		1474 (9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of 3. Transaction 3A. Deemed 5. Number 6. Date Exercisable and Expiration 7. Title and Amount 8. Price of 9. Number of 10. 11. Nature Execution Date, if Transaction Derivative Conversion Date Date of Underlying Derivative Derivative Ownership of Indirect (Month/Day/Year) Derivative (Month/Day/Year) or Exercise Code Securities Form of Beneficial Security Security Securities Price of (Month/Day/Year) (Instr. 3 and 4) (Instr. 5) Beneficially Derivative Ownership (Instr. 3) (Instr. 8) Securities Acquired (A) or Disposed Derivative Owned Security: (Instr. 4) Following Security Direct (D) or Indirect Reported of (D) Transaction(s) (I) (Instr. 4) (Instr. 3, 4 (Instr. 4) and 5) Amount Title Date Exercisable Expiration Date Number (D) Code of Shares Restricted Common \$ 0 07/30/2016 07/30/2016(3) 07/30/2018(3) 1,492.00 Stock Units M 1,492 \$ 0 2,984 D Stock (3)Restricted Common 07/31/2016 Stock Units \$0 M 1,481 07/31/2015(4) 07/31/2017(4) 1,481.00 \$0 1.482 D Stock Restricted Commor 08/01/2016(5) \$0 08/01/2016 Μ 2,697 08/01/2014(5) 2,697.00 \$ 0 0 D Stock Units Stock Restricted Common \$0 05/20/2017 M 05/20/2017(6) 05/20/2019(6) 2,156.00 \$ 0 4,313 D Stock Units Stock (6) Performance Commor 03/31/2017(7) 03/31/2017(7) \$ 0 05/18/2017 D 8,480 8,480.00 \$ 0 0 D Units (7) Stock Performance Commor 03/31/2018(8) \$ 0 03/31/2018(8) 9,035.00 9,035 D Units (8) Stock Performance Commor 03/31/2019(9) 03/31/2019(9) D \$0 6,469.00 6,469 Units (9) Stock Performance Common 03/31/2019(10) 03/31/2019⁽¹⁰⁾ \$0 3,028.00 3,028 D Units (10) Stock Stock Option Common \$ 12.00 05/04/2012(11) 05/04/2021(11) 5,000 D 5,000.00 (Right to Stock

Buv) [11

Reporting Owners

Post Con O and Name (All and	Relationships						
Reporting Owner Name / Address	Director	10% Owner	Officer	Other			
VAN DER SALM JOHANNES RENE							
100 THERMON DRIVE			SVP - Global Operations				
SAN MARCOS, TX 78666							

Signatures

/s/ Johannes vanderSalm by Sarah Alexander as attorney in fact	05/23/2017	
Signature of Reporting Person	Date	

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Each restricted stock unit represents the right to receive, at settlement, one share of common stock. This transaction represents the settlement of vested restricted stock units in shares of common stock.
- (2) Shares withheld by Issuer to satisfy applicable withholding tax upon vesting of restricted stock units.
- (3) On July 30, 2015, the reporting person was granted a restricted stock unit award. Each restricted stock unit represents the right to receive, at settlement, one share of the Issuer's common stock. Award vests in equal annual installments on the first, second and third anniversaries of the grant date. The number of shares reflected in this filing represents unvested restricted stock units.
- (4) On July 31, 2014, the reporting person was granted a restricted stock unit award. Each restricted stock unit represents the right to receive, at settlement, one share of the Issuer's common stock. Award vests in equal annual installments on the first, second and third anniversaries of the grant date. The number of shares reflected in this filing represents unvested restricted stock units.
- (5) On August 1, 2013, the reporting person was granted a restricted stock unit award. Each restricted stock unit represents the right to receive, at settlement, one share of the Issuer's common stock. Award vests in equal annual installments on the first, second and third anniversaries of the grant date. The number of shares reflected in this filing represents unvested restricted stock units.
- On May 20, 2016, the reporting person was granted a restricted stock unit award. Each restricted stock unit represents the right to receive, at settlement, one share of the Issuer's common stock. Award vests in equal annual installments on the first, second and third anniversaries of the grant date. The number of shares remaining in this filing represent unvested restricted stock units.

 On July 31, 2014, the reporting person was granted a performance unit award vesting on March 31, 2017, subject to the Issuer's relative total shareholder return goals as further specified in the
- (7) equity award agreement. The number of shares reflected in this filing represents performance units at the target performance level. The actual number of shares that may vest ranges from zero to 200% of the target number of shares. On May 18, 2017, the Issuer's Compensation Committee reviewed the Company's relative total shareholder return performance during the applicable performance period and determined that zero shares were earned in settlement of the award for the period beginning July 31, 2014 and ending March 31, 2017.
- On July 30, 2015, the reporting person was granted a performance unit award vesting on March 31, 2018, subject to the Issuer's relative total shareholder return goals as further specified in the equity award agreement. The number of shares reflected in this filing represents unvested performance units at the target performance level. The actual number of shares that may vest ranges from zero to 200% of the target number of shares.
- On May 20, 2016, the reporting person was granted a performance unit award vesting on March 31, 2019, subject to the Issuer's adjusted EBITDA performance goals as further specified in the equity award agreement. The number of shares reflected in this filing represents unvested performance units at the target performance level. The actual number of shares that may vest ranges from zero to 200% of the target number of shares.
- On May 20, 2016, the reporting person was granted a performance unit award vesting on March 31, 2019, subject to the Issuer's relative total shareholder return goals as further specified in the (10) equity award agreement. The number of shares reflected in this filing represents unvested performance units at the target performance level. The actual number of shares that may vest ranges from zero to 200% of the target number of shares.
- (11) On May 4, 2011, the reporting person was granted a stock option award vesting in equal annual installments on the first, second, third, fourth and fifth anniversaries of the award. The number of options reflected in this filing represents unexercised options.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.