FORM 4	
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UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Response	es)										
1. Name and Address of Sorrentino Charles .	2. Issuer Name and Ticker or Trading Symbol Thermon Group Holdings, Inc. [THR]						5. Relationship of Reporting Person(s) to Issuer (Check all applicable) X Director 10% Owner				
10201 NORTH LO	(First) OP EAST		3. Date of Earliest Transaction (Month/Day/Year) 08/12/2014						Officer (give title below)Ot	her (specify belo	ow)
HOUSTON, TX 77	4. If Amendment, D	ate Original	l Fileo	d(Month/Da	y/Year)		6. Individual or Joint/Group Filing(Check Applicable Line) _X_Form filed by One Reporting Person Form filed by More than One Reporting Person				
(City)	(State)	(Zip)	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned								
1.Title of Security (Instr. 3)		2. Transaction Date (Month/Day/Year)	Execution Date, if	3. Transact Code (Instr. 8)	tion	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		of (D)		Ownership	7. Nature of Indirect Beneficial
			(Month/Day/Year)	Code	v	Amount	(A) or (D)	Price		Direct (D) or Indirect (I) (Instr. 4)	Ownership (Instr. 4)
Common Stock (1)		08/12/2014		S		1,000	D	\$ 26.67	35,796	D	
Common Stock (1)		09/09/2014		S		1,000	D	\$ 26.31	34,796	D	

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information SEC 1474 (9-02) contained in this form are not required to respond unless the form displays a currently valid OMB control number.

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

(<i>e.g.</i> , puts, calls, warrants, options, convertible securities)															
1. Title of	2.	3. Transaction	3A. Deemed	4.		5. Nu	mber	6. Date Exercisa	ble and	7. Title and	l	8. Price of	9. Number of	10.	11. Nature
Derivative	Conversion	Date	Execution Date, if	Transac	tion	of		Expiration Date	Amount of Derivative		Derivative	Derivative	Ownership	of Indirect	
Security	or Exercise	(Month/Day/Year)	any	Code		Deriv	ative	(Month/Day/Yea	ar)	Underlying		Security	Securities	Form of	Beneficial
(Instr. 3)	Price of		(Month/Day/Year)	(Instr. 8)	Secu	rities		Securities		(Instr. 5)	Beneficially	Derivative	Ownership	
	Derivative					Acqu	ired		(Instr. 3 and 4)		Owned	Security:	(Instr. 4)		
	Security					(A) o	r					Following	Direct (D)		
						Dispo					1	or Indirect			
						of (D					Transaction(s)				
						(Instr						(Instr. 4)	(Instr. 4)		
					-	4, and	d 5)								
											Amount				
								Date	Expiration		or				
								Exercisable	Date		Number				
								Exclosuble	Dute		of				
				Code	V	(A)	(D)				Shares				
Stock															
Option										Common				_	
(Right to	\$ 5.20							05/04/2011(2)	05/04/2021	Common Stock	16,358		16,358	D	
										SIOCK					
Buy)															

Reporting Owners

	Relationships							
Reporting Owner Name / Address	Director	10% Owner	Officer	Other				
Sorrentino Charles A 10201 NORTH LOOP EAST HOUSTON, TX 77029	Х							

Signatures

/s/ Charles Sorrentino by Sarah Alexander as attorney in fact	09/09/2014		
-**Signature of Reporting Person	Date		

Explanation of Responses:

* If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

(1) Transaction pursuant to a Rule 10b(5)-1 Plan.

(2) Options vested and became fully exercisable in connection with the Issuer's initial public offering.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.