FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

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SEC 1474 (9-02)

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)										
1. Name and Address of Reporting Person Sorrentino Charles A	2. Issuer Name and Ticker or Trading Symbol Thermon Group Holdings, Inc. [THR]						5. Relationship of Reporting Person(s) to Issuer (Check all applicable) X Director 10% Owner			
10201 NORTH LOOP EAST		3. Date of Earliest Transaction (Month/Day/Year) 07/08/2014						Officer (give title below) Other (specify below)		
(Street) HOUSTON, TX 77029	4. If Amendment, Date Original Filed(Month/Day/Year)						6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person			
(City) (State)	(Zip)	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned								
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	Execution Date, if	(Instr. 8)		(A) or D (Instr. 3,	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		Transaction(s) (Instr. 3 and 4)	Ownership Form: Direct (D) or Indirect (I)	Beneficial Ownership
Common Stock (1)	07/08/2014		Code S	v	Amount 1,000	· · ·	Price \$ 25.59	36,232 (2)	(Instr. 4) D	

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.
Persons v

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

(e.g., puts, calls, warrants, options, convertible securities)															
1. Title of	2.	3. Transaction	3A. Deemed	4.		5. Nu	mber	6. Date Exercisal	ble and	7. Title and	l	8. Price of	9. Number of	10.	11. Nature
Derivative	Conversion	Date	Execution Date, if	Transact	tion	of		Expiration Date		Amount of		Derivative	Derivative	Ownership	of Indirect
		(Month/Day/Year)		Code				(Month/Day/Yea	ar)	Underlying		Security			Beneficial
(Instr. 3)	Price of		(Month/Day/Year)	(Instr. 8)		Secur				Securities		(Instr. 5)	Beneficially	Derivative	Ownership
	Derivative					Acqu				(Instr. 3 and	d 4)			-	(Instr. 4)
	Security					(A) o							0	Direct (D)	
						Dispo							1	or Indirect	
						of (D							Transaction(s)	< / <	
						(Instr 4, and							(Instr. 4)	(Instr. 4)	
						4, and	15)				1				
											Amount				
								Date	Expiration		or				
								Exercisable	Date		Number of				
				Code	v	(A)	(\mathbf{D})				Shares				
				Couc	v	(A)	(D)				Shares				
Stock															
Option	\$ 5 20							05/04/2011(3)	10/27/2020	Common	16 358		16 358	D	
(Right to	\$ 5.20							05/04/2011-07	10/2//2020	Stock	10,556		10,558	D	
Buy)															
Option (Right to	\$ 5.20							05/04/2011 <mark>(3)</mark>	10/27/2020	Common Stock	16,358		16,358	D	

Reporting Owners

Reporting Owner Name / Address	Relationships								
Reporting Owner Name / Address		10% Owner	Officer	Other					
Sorrentino Charles A 10201 NORTH LOOP EAST HOUSTON, TX 77029	Х								

Signatures

/s/ Charles Sorrentino by Sarah Alexander as attorney-in-fact	07/08/2014
**Signature of Reporting Person	Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

(1) Transaction pursuant to a Rule 10b5-1 Plan.

(2) Includes 2,488 shares awarded to the reporting person on August 1, 2013 in the form of a restricted stock award that will vest on the first anniversary of the grant date.(3) Options vested and became fully exercisable in connection with the Issuer's initial public offering.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

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