UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

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longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Print or Ty	pe Response	es)													
Name and Address of Reporting Person * GOODRICH RICHARD E			2. Issuer Name and Ticker or Trading Symbol Thermon Group Holdings, Inc. [THR]							5. Relationship of Reporting Person(s) to Issuer (Check all applicable) X Director 10% Owner					
(Last) (First) (Middle) 1450 LAKE ROBBINS DR.,, SUITE 400			3. Date of Earliest Transaction (Month/Day/Year) 07/01/2014						-	Office	r (give title belo		Other (specify b	elow)	
(Street) THE WOODLANDS, TX 77380			4. If Amendment, Date Original Filed(Month/Day/Year)							6. Individual or Joint/Group Filing(Check Applicable Line) _X_Form filed by One Reporting Person _Form filed by More than One Reporting Person					
(City) (State) (Zip)			Table I - Non-Derivative Securities Acqui						s Acqui	ired, Disposed of, or Beneficially Owned					
1.Title of S (Instr. 3)	ecurity		2. Transaction Date (Month/Day/Year)		ate, if	f Code (Instr. 8)		A. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		of (D)			Following n(s)	Ownership Form:	7. Nature of Indirect Beneficial
				(Month/Day/Year)	Code	V	Amount	(A) or (D)	Price	(mstr. 3 a	nd 4)		Direct (D) or Indirect (I) (Instr. 4)	Ownership (Instr. 4)	
Common	Stock (1)		07/01/2014			S		9,623		\$ 26.23	10,363	<u>2)</u>		D	
				Derivative Se		es Acquire	cont the f	tained in form dis	n this fo splays a of, or Be	orm are a curre neficial	not req	uired to re	nformation espond unl ntrol numb	ess	EC 1474 (9- 02)
1 77:1 0		la .m	,	e.g., puts, cal	ls, wa		_					lo n :		0.10	144.34.
1. Title of Derivative Security (Instr. 3)	Conversion	vative	Execution Da /Day/Year) any	ate, if Transaction Code (Instr. 8)		of	and	and Expiration Date (Month/Day/Year) S (1)		Amo Undo Secu	Title and nount of nderlying curities str. 3 and	Derivative Security (Instr. 5)	9. Number of Derivative Securities Beneficially Owned Following Reported Transaction(s (Instr. 4)	Ownersh Form of Derivati Security Direct (I or Indire	Ownership (Instr. 4)
				Code	v	(A) (D)	Date Exe	e ercisable	Expiration Date	on Title	Amount or Number of Shares				
Renor	ting ()	wners													

D (1 0 N (4))	Relationships						
Reporting Owner Name / Address	Director	10% Owner	Officer	Other			
GOODRICH RICHARD E 1450 LAKE ROBBINS DR., SUITE 400 THE WOODLANDS, TX 77380	X						

Signatures

/s/ Richard Goodrich by Sarah Alexander as attorney-in-fact	07/02/2014
Signature of Reporting Person	Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Transaction pursuant to a Rule 10b5-1 Plan.
- (2) Includes 2,488 shares awarded to the reporting person on August 1, 2014 in the form of a restricted stock award that will vest on the first anniversary of the grant date.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB nu	mber.